

UPCOMING EVENTS:

24 October 2009
Christmas Cooking Class

20 February 2010
French Island Hike

20 March 2010
Bay City Ride

27 March 2010
Easter Chocolate
Workshop

30 April 2010
Bright Autumn Festival

Check out the website for
details and the full 2010
Calendar!

A BIG WELCOME

Welcome to Amazon Lily Adventures. This is our first newsletter and we would like to welcome you to experience a whole new world of "Getaways in Good Company".

Amazon Lily Adventures is a business designed specifically for women who love to have fun, relax, experience new challenges and get out there and try new adventures!

Jo, Nadia, Meagan and Emma have years of experience in taking women on adventures and look forward to taking you on an adventure that you will remember forever.

Check out our website www.amazonlily.com.au for our 2010 Calendar and be sure to sign up for our Newsletter and be first to receive updated information and discounts!

RECEIVE 10% OFF YOUR NEXT ADVENTURE:

Sign up for your next adventure before Christmas 2009 and receive a 10% discount!
(applies to existing amazon lily clients)

Sign up for our Newsletter and receive 10% off your first adventure!

Go to www.amazonlily.com.au guest book/sign up.
(applies to non existing amazon lily clients)

Offer valid til 25 December 2009

FOR INFORMATION CONTACT:

www.amazonlily.com.au
info@amazonlily.com.au

RECIPE OF THE MONTH

Linguine with broad beans and bacon

Ingredients

50gm – 80gm pasta per person
400gm broad beans in pod, shelled they will give you 1 cup. (if frozen they will be just in the shell)
½ red onion, small dice
2 cloves garlic finely sliced
200g bacon rashers cut into strips
2 tbspn extra virgin olive oil
8 sprigs of thyme, use leaves only not stalk.
small wedge parmesan, grated.

Method

1. Cook pasta as instructed on packet.
2. Bring large saucepan of lightly salted water to boil add beans in the shell and boil for 2 minutes only. Peel the beans by slipping each one out using your fingers and set aside.
3. Heat oil in frying pan on medium heat, add onion and stir until soft. Add bacon, garlic and thyme.
4. Take cooked pasta and add to frying pan then add broad beans and parmesan, salt to taste and serve. Serves 4.

CHRISTMAS COOKING MASTERCLASS: Most people don't think about Christmas until December the 10th, by then it's too late. Normally the best time for your pudding making is September/ October to allow the flavours to mature and having it this far ahead you can decide on what sort of Christmas menu to have. Make and take your pudding home with you. Nadia will also help you design your own Christmas menu if you need some help!

Strange as it may seem, Australians have clung tightly to the tradition of eating typical northern European winter dishes in the sweltering heat of an Australian Christmas-time - and who would have it any other way? Not only will these dishes grace any Christmas table, but will also make excellent gifts, store well and are always gratefully received.

Learn how to make shortbread, delicious homemade Christmas puddings, nougat, pannaforte, gingerbread decorations, glazed ham, the perfect roast chicken with stuffing and even crackling roast pork belly, along with ideas for whole baked salmon.



Saturday 24th October Time: 1:00pm - 5:00pm
Place: Southern Loop Cafe 973 Nepean Hwy, Bentleigh
Parking available behind building.
Price: \$180.00 per person



For more information contact Nadia Montebelli 0412657268 or nadia@amazonlily.com.au



Amazon Lily is a Proud Sponsor of the 'Make Breast Cancer History Gala Fundraising Ball'

Just thought I'd let you know about some of the difficult tasks that have been thrust upon us since forming our new business. We were forced (yeah right!) into attending the extremely glamorous and fabulous "Make Breast Cancer History" Gala event. Jo, Emma and I primped and preened for hours in preparation for this wonderful event. There were cocktails, nibbles, balloons with prizes, amazing auction items as well as being entertained by 100% Kylie and Figaro. A spectacular evening enjoyed by everyone. One of the highlights of the evening for me, were the gift bags we were given at the end of the night, choc full of goodies, which included a pair of Grosby pink fleecy thongs. These were put straight to use by Em to relieve her poor swollen feet. Amidst all the dazzling dresses, fabulous food and delightful drinks we heard that the amount of \$175,000 was raised. Congratulations to everyone involved and to all those generous souls who donated. A truly wonderful event that all of us at Amazon Lily are thrilled to support. Meagan