



# Amazon Lily Adventures

*Getaways in good company...*

## Coming Adventures:

- Daylesford Weekend Retreat: 10 to 12 September
- Dandenong & Sassafras Day Hike: 26 September
- Christmas Cooking Class: 23 October
- Discover Red Hill: 6 November
- Williamstown Bike Ride: 14 November

**BE SURE TO JOIN US ON FACEBOOK WHERE YOU CAN GET ALL THE LATEST NEWS AND VIEW PHOTOS FROM OUR RECENT ADVENTURES OR POST A MESSAGE**

[amazonlily.com.au](http://amazonlily.com.au)

September Newsletter 2010  
Volume 1 Issue 3

## Welcome to spring!

Following the wettest winter for more than ten years, spring is finally here and brings with it a sense of excitement as we come out of hibernation. It is the time when we look forward to outings and get-togethers with friends, family and work colleagues – it is the time we swap the comfort of the couch for the great outdoors!

At Amazon Lily we have the right mix of fun, exercise, adventure, and of course good company,

to get you back in the swing of things.

We start this month with our fantastic getaway to Daylesford, staying in the comfort of Linga Longa Cosy Cottages. This weekend combines everything we love – exercise, good food, relaxation and fun!

Late in September we will hike through and picnic in the picturesque and peaceful surrounds of the Dandenongs.

For a change of pace and



if you love to cook, or just beginning, then the Christmas Cooking Class in October with Chef Nadia may be for you.

No matter what type of adventure you're looking for, at Amazon Lily we will help you find it this spring; in good company!

## Daylesford Weekend Retreat

This is your last chance to join us on an amazing weekend escape in Victoria's Spa Capital! Call Emma today because next weekend (10 to 12 September) we will be staying in the comfort of Linga Longa Cosy Cottages in the heart of Hepburn Springs!

The weekend includes accommodation, meals - including Saturday Dinner at the famous Old Macaroni Factory and Sunday brunch at the Cosy Corner Cafe. Plus our two fantastic instructors will get you warmed up and motivated on Saturday morning before leading you on a hike around the springs.

Then the afternoon is all yours; enjoy a massage or spa at the cottages, read a book by the fire or explore the shops and cafes in Daylesford.

Join us again for dinner at the Old Macaroni Factory before settling in the comfort of your cottage for the night.

On Sunday the relaxation continues with a yoga session in the morning followed by brunch.

We hope you can join us on this weekend of fun – we are all looking forward to the escape!



When:  
Friday 10 to Sunday 12  
September

Time:  
Arrival 7.00pm Friday

Cost:  
\$360 per person  
(excluding massage)

For bookings call Emma:  
0414 456 365 or email  
[info@amazonlily.com.au](mailto:info@amazonlily.com.au)



### Daylesford Weekend Retreat

For your last chance to  
join us at the Linga Longa  
Cosy Cottages call  
Emma today on  
0414456365 or email  
[info@amazonlily.com.au](mailto:info@amazonlily.com.au)



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## Dandenong & Sassafras Day Hike

Our hike begins at the famous Ferntree Gully 1000 stairs. After a challenging climb to the top, it continues on through the amazing Dandenongs Temperate Rainforest. You will see some of the tallest trees in the world, and if you're lucky, the elusive Lyrebird. Morning Tea is in beautiful Sassafras at one of the quaint tea

houses in town. Sassafras has a number of gorgeous antique and gift shops that you are welcome to have a browse in before getting back on the trail.

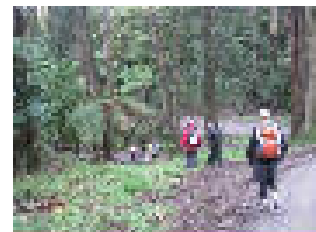
The walk continues back to Ferntree Gully where a picnic lunch in the forest awaits us at the finish.

When:

Sunday 26 September

Time:

7.45am to 2.00pm



## Christmas Cooking Class

Most people don't think about Christmas until December, by then it's too late. Normally the best time for your pudding making is September / October to allow the flavours to mature, and having it this far ahead you can decide on what sort of Christmas menu to prepare.

At the Amazon Lily Christmas Cooking Class you will make and take your pudding home with you, and if you need some help, our Chef Nadia will work with you to design your own Christmas menu.

Nadia will also teach you how to make the classics

including; delicious homemade gingerbread decorations, glazed ham, and the perfect stuffing.

When:

Saturday 23 October

Time:

1.00pm to 5.00pm

## Discover Red Hill

Set in the Mornington Peninsula's hinterland hills, Red Hill is famous for its vineyards, orchards and galleries, as well as the monthly Red Hill Market.

Red Hill Estate Winery and fruit picking at the Sunny Bank Farm to finish.

This is an informative adventure that allows you to browse, try and buy all the beautiful local produce and products Red Hill has on offer.

any one of our adventures, or if you are searching for a gift with a difference - this may be it!

When:

Saturday 6 November



## Williamstown Bike Ride

Time to get out your bike, pump up the tyres and dust off the cobwebs because we are off on another adventure.

Melbourne, then head towards Docklands, passing markets and parklands until we get to Williamstown.

Melbourne and head back along the beach to our starting point.

When:

Sunday 14 November

Starting at the Beach Café at North Road Brighton we will ride along the foreshore to Port

On the way home we'll jump on the punt to Westgate Park before returning to Port